



**Montessori School of Cherry Creek
Medical and Dental Record
Phone: 303-627-2715 fax: 303-627-9482**

Dear Parents,

Beginning March 1st of 2007 our school will be declared a “Nut Free” school. As funny as that sounds it is serious. Due to the number of children that have severe nut allergies we feel it is a small inconvenience for the amount of safety it provides. This means from now on we will ask all Families to please not bring anything that has nuts or nut products into school. When it is your child’s snack week please be aware of the items that you are bringing and make sure they do not have nuts or nut products in them. We understand that alot of people like peanut butter, so I have listed a few suggestions that may help.

These suggestions are:

Use soy butter instead of peanut butter. One of my daughter’s favorites is cream cheese and jelly sandwiches. Use a little butter and jelly instead of peanut butter.

Another lunch suggestion is to make a little extra dinner from the night before and pack that for lunch. Lunch meat and cheese sandwiches are usually a hit. For a snack it is easy to leave off the peanut butter and just use jelly on crackers.

Hopefully these suggestions will serve as good substitutes for peanut butter and we thank you all for your understanding and cooperation on this matter.

Thank You,

Christi and Seema